

## True Colors Assessment

**Instructions:** Compare all four boxes in each row. Do not analyze each word; just get a sense of each box. Score each of the four boxes in each row from most to least as it describes you: 4 = most, 3 = a lot, 2 = somewhat, 1 = least

<b>Row 1</b>	<p><b>A</b> Active Variety Sports Opportunities Spontaneous Flexible <b>Score:</b> _____</p>	<p><b>B</b> Organized Planned Neat Parental Traditional Responsible <b>Score:</b> _____</p>	<p><b>C</b> Warm Helpful Friends Authentic Harmonious Compassionate <b>Score:</b> _____</p>	<p><b>D</b> Learning Science Quiet Versatile Inventive Competent <b>Score:</b> _____</p>
<b>Row 2</b>	<p><b>E</b> Curious Ideas Questions Conceptual Knowledge Problem Solver <b>Score:</b> _____</p>	<p><b>F</b> Caring People Oriented Feelings Unique Empathetic Communicative <b>Score:</b> _____</p>	<p><b>G</b> Orderly On-time Honest Stable Sensible Dependable <b>Score:</b> _____</p>	<p><b>H</b> Action Challenges Competitive Impetuous Impactful <b>Score:</b> _____</p>
<b>Row 3</b>	<p><b>I</b> Helpful Trustworthy Dependable Loyal Conservative Organized <b>Score:</b> _____</p>	<p><b>J</b> Kind Understanding Giving Devoted Warm Poetic <b>Score:</b> _____</p>	<p><b>K</b> Playful Quick Adventurous Confrontive Open Minded Independent <b>Score:</b> _____</p>	<p><b>L</b> Independent Exploring Competent Theoretical Why Questions Ingenious <b>Score:</b> _____</p>
<b>Row 4</b>	<p><b>M</b> Follow Rules Useful Save Money Concerned Procedural Cooperative <b>Score:</b> _____</p>	<p><b>N</b> Active Free Winning Daring Impulsive Risk Taker <b>Score:</b> _____</p>	<p><b>O</b> Sharing Getting Along Feelings Tender Inspirational Dramatic <b>Score:</b> _____</p>	<p><b>P</b> Thinking Solving Problems Perfectionistic Determined Complex Composed <b>Score:</b> _____</p>
<b>Row 5</b>	<p><b>Q</b> Puzzles Seeking Info Making Sense Philosophical Principled Rational <b>Score:</b> _____</p>	<p><b>R</b> Social Causes Easy Going Happy Endings Approachable Affectionate Sympathetic <b>Score:</b> _____</p>	<p><b>S</b> Exciting Lively Hands On Courageous Skillful On Stage <b>Score:</b> _____</p>	<p><b>T</b> Pride Tradition Do Things Right Orderly Conventional Careful <b>Score:</b> _____</p>

## True Colors Scores

If any of the scores in the colored boxes are less than 5 or greater than 20 you have made an error. Please go back and read the instructions.

<b>Total score from boxes: A, H, K, N, S =</b>	<b>Total score from boxes: D, E, L, P, Q =</b>	<b>Total score from boxes: C, F, J, O, R =</b>	<b>Total score from boxes: B, G, I, M, T =</b>
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## True Colors Chart

Congratulations! You now know your color spectrum. Here are some general descriptions of each color:

<b>ORANGE</b>	<b>GREEN</b>	<b>BLUE</b>	<b>YELLOW</b>
<ul style="list-style-type: none"> <li>▪ Are free and spontaneous</li> <li>▪ Are impulsive risk-takers</li> <li>▪ Are active</li> <li>▪ Are optimistic</li> <li>▪ Resist commitment</li> <li>▪ Can become virtuosos</li> <li>▪ Thrive on crises</li> <li>▪ Are drawn to tools</li> <li>▪ Like to be the center of attention</li> <li>▪ Have great endurance</li> <li>▪ Are drawn to action jobs</li> <li>▪ Need variety</li> <li>▪ Are dynamic, animated communicators</li> <li>▪ Are competitive</li> <li>▪ Deal with the here and now</li> <li>▪ Are bold in relationships</li> <li>▪ Are generous</li> <li>▪ Have difficulty finding acceptance</li> <li>▪ Like to live in a casual atmosphere</li> <li>▪ Bring excitement to society</li> </ul>	<ul style="list-style-type: none"> <li>▪ Innovative and logical</li> <li>▪ Seek to understand the world</li> <li>▪ Need to be competent</li> <li>▪ Require intellectual freedom</li> <li>▪ Are curious</li> <li>▪ Question authority</li> <li>▪ Push themselves to improve</li> <li>▪ Seek perfection in play</li> <li>▪ May become intellectually isolated</li> <li>▪ Are slow to make decisions</li> <li>▪ Value concise communication</li> <li>▪ Look for intellectual stimulation</li> <li>▪ Enjoy intriguing discussions</li> <li>▪ Are sometimes oblivious to emotions</li> <li>▪ Are detached</li> <li>▪ Believe work is play</li> <li>▪ Are drawn to technical occupations</li> <li>▪ Analyze and rearrange systems</li> <li>▪ Focus on the future</li> <li>▪ Bring innovation to society</li> </ul>	<ul style="list-style-type: none"> <li>▪ Are in search of themselves</li> <li>▪ Need to feel unique</li> <li>▪ Must be true to themselves</li> <li>▪ Look for symbolism</li> <li>▪ Value close relationships</li> <li>▪ Encourage expression</li> <li>▪ Desire quality time with loved ones</li> <li>▪ Need opportunities to be creative</li> <li>▪ Compromise and cooperate</li> <li>▪ Nurture people, plants and animals</li> <li>▪ Look beyond the surface</li> <li>▪ Share emotions</li> <li>▪ Make decisions based on feelings</li> <li>▪ Need harmony</li> <li>▪ Are adaptable</li> <li>▪ Are drawn to literature</li> <li>▪ Are drawn to nurturing careers</li> <li>▪ Get involved in causes</li> <li>▪ Are committed to ideals</li> <li>▪ Bring unity to society</li> </ul>	<ul style="list-style-type: none"> <li>▪ Are dutiful and stable</li> <li>▪ Need to be useful</li> <li>▪ Want to be self-sufficient</li> <li>▪ Value organization</li> <li>▪ Desire punctuality</li> <li>▪ Schedule their lives</li> <li>▪ Make and keep commitments</li> <li>▪ Measure worth by completion</li> <li>▪ Are goal-oriented</li> <li>▪ Value rules</li> <li>▪ Prepare for the future</li> <li>▪ Are inclined to join groups</li> <li>▪ Believe work comes before play</li> <li>▪ Safeguard tradition</li> <li>▪ Prefer order and cleanliness</li> <li>▪ Are responsible and dedicated</li> <li>▪ Are drawn to respected occupations</li> <li>▪ Enjoy positions of authority</li> <li>▪ Desire structure</li> <li>▪ Bring stability to society</li> </ul>