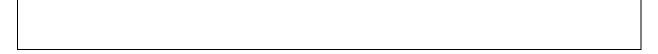
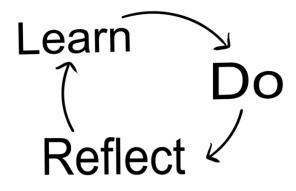


What skill do you want to learn?





Learn A Little

Learn just enough for you to put that knowledge into action

"You don't need to be great to start, but you need to start to be great" - Zig Ziglar

Do a Lot

Information without implementation is useless

You can't learn how to ride a bike without riding a bike

80% of your work should be used to implement and practice your skill

Reflect On Everything

Reflection is the key to quickly learning a skill

Reflection questions

What did I do well?

What did I not do well?

What did I learn or need to learn?

Add questions if they relate to your skill

The best reflections come in forms of feedback

Get feedback from a friend or mentor

Get feedback from a computer program or application